

Praying through Lent, Easter & a bit beyond Year A 2026

1. According to the weekly lectionary Year A 2026

Ash Wednesday February 18	Joel 2: 1-2, 12-17 or Isaiah 58: 1-12 Psalm 51: 1-17 2 Cor. 5: 20b-6:10 Matt. 6: 1-6, 16-21	Holy Week Mon. Mar. 30	Is. 42: 1-9 Psalm 36: 5-11 Hebrews 9: 11-15 John 12: 1-11
1st Sunday in Lent February 22	Gen. 2: 15-17, 3: 1-7 Psalm 32 Romans 5: 12-19 Matt. 4: 1-11	Tues. Mar. 31	Is. 49: 1-7 Psalm 71: 1-14 1 Cor. 1: 18-31 John 12: 20-36
2nd Sunday in Lent March 1	Gen. 12: 1-4a Psalm 121 Romans 4: 1-5, 13-17 John 3: 1-17 or Matt. 17: 1-9	Wed. April 1	Is. 50: 4-9a Psalm 70 Hebrews 12: 1-3 John 13: 21-32
3rd Sunday in Lent March 8	Exodus 17: 1-7 Psalm 95 Romans 5: 1-11 John 4: 5-42	Maundy Thursday Thurs. Apr. 2	Exodus 12:1-4, 11-14 Psalm 116: 1-2, 12-19 1 Cor. 11: 23-26 John 13: 1-17, 31b-35
4th Sunday in Lent March 15	1 Samuel 16: 1-13 Psalm 23 Ephesians 5: 8-14 John 9: 1-41	Good Friday April 3	Is. 52: 13-53:12 Psalm 22 Hebrews 10: 16-25 or 4: 14-16, 5: 7-9 John 18: 1-19: 42
5th Sunday in Lent March 22	Ezekiel 37: 1-14 Psalm 130 Romans 8: 6-11 John 11: 1-45	Sat. April 4	Job 14: 1-14 or Lamentations 3: 1-9, 19-24 Psalm 31: 1-4, 15-16 1 Peter 4: 1-8 Matt. 27: 57-66 or John 19: 38-42
Palm Sunday March 29	Isaiah 50: 4-9a Psalm 118: 1-2, 19-29 Philippians 2: 5-11 Matthew 21: 1-11	OR	Isaiah 50: 4-9a Psalm 31: 9-16 Philippians 2: 5-11 Matt. 26: 14-27, 66 or Matt. 27: 11-54
		Easter Sunday April 5	Acts 10: 34-43 or Jer. 31: 1-6 Psalm 118: 1-2, 14-24 Col. 3: 1-4 or Acts 10: 34-43 John 20: 1-18 or Matt. 28: 1-10
		2nd Sun. of Easter April 12	Acts 2: 14a, 22-32 Psalm 16 1 Peter 1: 3-9 John 20: 19-31

2. According to “basic” texts, daily

February	18	Jer 23: 1 – 8	
	19	Isaiah 11: 1 – 10	
	20	Isaiah 7: 10 – 14	
	21	Micah 5: 2 – 4	
	22	1st Sunday in Lent	
	23	The Incarnation Contemplation	
	24	Luke 1: 26 – 38 (after read vs 46 – 55)	
	25	repetition	
	26	Luke 2: 1 – 14	
	27	Luke 2: 22 – 39	
	28	repetition	
	March	1	2nd Sunday in Lent
		2	Luke 2: 40 – 52
		3	repetition
4		Matt 3: 13 – 17	
5		repetition	
6		Luke 4: 1 – 13	
7		repetition	
8		3rd Sunday in Lent	
9		Luke 4: 14 – 30	
10		repetition	
11		Matt 4: 18 – 22, Matt 9: 9	
12		John 2: 1 – 11	
13		Matt 5: 1 – 17	
14		repetition	
15		4th Sunday in Lent	
16		Matt 14: 22 – 33	
17		repetition	
18		Matt 10: 1 – 16 or Luke 5: 12 – 16	
19		Luke 7: 36 – 50	
20		Matt 14: 13 – 21	
21		repetition	
22		5th Sunday in Lent	
23	Mark 8: 27 – 33		
24	Matt 17: 1 – 21		
25	repetition		
26	John 11: 1 – 46		
27	repetition		
28	John 12: 1 – 11		
29	Palm/Passion Sunday		
30	Luke 19: 41 – 48, Matt 26: 14 – 16		
31	John 13: 1 – 15, Matt 26: 20 – 30		
April	1	Matt 26: 30 – 47, 55 – 56	
	2	Matt 27: 1 – 2, 11 – 26	
	3	John 19: 17 – 22, 25b – 30, 38 – 42	
	4	★	

Easter Sunday April 5

The Graces

- from February 18 through 21 - ask for the grace to receive what the Lord wants to give you.
- beginning on February 22 - and in every prayer period thereafter, ask for the grace to know Jesus intimately in order to love him more intensely and follow him more closely.

The Incarnation Contemplation

- ☐ prepare in the usual way
- ☐ then.....try to look upon the world through God's eyes: see its people, of great diversity in colour, dress, state, manner of acting. Some are white, some black, some yellow; some live in peace, others are at war; some are weeping, others laughing; some well, some sick; some are being born, some dying. There are the old and the young, the rich and the poor, the powerful and the powerless. Then there is the leap of divine joy: God knows that the time has come..... "let us work the redemption of the human race."
- ☐ write your review

★ **April 4** Jesus is dead, his body in the tomb. His friends are devastated. For them this is a terrible dayshattered hopes, confusion, fear, sense of loss. It's all over! Try to enter their feelings (with no Easter Sunday in prospect, remember). Ask for the grace to experience the loss and emptiness felt by Jesus' friends. Then, having prepared in the usual way, visit some of them (eg. Peter, Mary, Judas)...and get into the conversation.

April 5 As background, read John 20: 11 – 18. The risen Lord appears to some (though not all) of his friends to share his joy. He visits you....speak with him (having asked for the grace to enter his joy).

Texts for going on with:
Luke 24: 13 – 35
John 20: 19 – 29
John 21: 1 – 17
Luke 24: 44 – 53
Acts 1: 1 – 12